

2018

FITlife WELLNESS INCENTIVE

FACULTY, ADMINISTRATIVE PROFESSIONALS, OTHER NON-CLASSIFIED STAFF

CHECK-IN + PARTICIPATE + ENROLL + COMPLETE

Employees enrolled in an Anthem plan who complete the wellness activities may be eligible to earn a **\$150** incentive (taxable) in 2018.

Complete by
Dec. 31, 2017

1. **CHECK-IN** with a retirement counselor & complete this form by **Feb. 28, 2018**
2. **PARTICIPATE** in the CSU Health Fair to obtain biometrics + lipid/glucose panel
3. **ENROLL** in Anthem's Healthy Lifestyles
4. **COMPLETE** Anthem's Well Being Assessment through www.Anthem.com

Retirement Counseling Information

Employee Name: _____
(Last, First, MI)

CSU ID#: _____

Retirement Vendor: Fidelity TIAA VALIC PERA

Retirement Counselor Name: _____

Retirement Counseling Date: _____

Appointment Type: In-Person Phone Online

Attestation

I hereby attest that I have completed a retirement counseling session and that the information above is true and accurate to the best of my knowledge.

Employee Signature

Date

FITlife - **FITNESS** for health **INVESTING** for retirement **TOTAL** financial health & wellness



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