CARE Program

The CARE program connects and refers employees to local health and social services resources.
Goals:

• Build effective working relationships
• Help employees navigate work-life challenges
• Increase awareness of programs/resources
• Be an advocate for employees
News and Updates:

- Discounted Programs
- Summer Programs in Northern Colorado
- CARE Program Newsletter in English and Spanish
- Community Classes and Events for Northern Colorado Residents
CARE Program Website and Directory of Resources

Directory of Resources

Financial, Food and Household Goods
Resources to help you maintain and improve your financial security

Housing
Information about housing resources, including emergency assistance

Health
A broad range of health care services (physical and mental) to maintain a healthy you and a healthy family

Child Care
A list of child care providers, services and programs available in Northern Colorado

Seniors and Persons with Special Needs
Resources available to seniors as well as individuals with special needs

Educational
A list of courses, programs, and training for you and/or your family members

Transportation
Information about transportation services on campus and in the community

Support Services
Additional resources, including youth employment, parenting, gender identity, and more

Work-Life Resources

Community Information and Events

CARE Program March Newsletter
- CARE Newsletter March 19
- CARE Newsletter March 19 spanish

NEWS
- Free Demm Museum Day 2019
- Summer Activities 2019 deck

Discounts
- Discounted Programs in Northern Colorado
- Commitment to Campus Benefits List
- Meal Deals for kids in Fort Collins
- CSL Paygo 2019
- An preservation Program
Contact Information

Emma Chavez
Community Resources Coordinator

Monday, Wednesday, Friday
General Services 316
Phone: (970) 491-4839
Office Hours: 7:30 a.m. – 4:00 p.m.

Tuesday, Thursday
Palmer Center 217
Phone: (970) 658-6158
Office Hours: 7:30 a.m. – 4:00 p.m.
Employee Assistance Program - EAP

The EAP supports CSU employees with their personal issues in the following ways:

**On-Site Support**, that offers assessment and referrals, management consultation, outreach to employees who may be struggling, and departmental support after impactful events or loss.

**ComPsych GuidanceResources®,** 24/7 over the phone guidance and referrals on counseling, legal advice, financial planning and work-life balance issues.

**GuidanceResources® Online**, a one-stop shop for expert information on several issues from relationships, school, children, wellness, legal, financial and more.

https://www.youtube.com/watch?v=nazaK0OEoRM&feature=youtu.be
EAP Contact Information

Interim EAP Coordinator:  
Jan Pierce  
970-491-1527  

ComPsych Phone Number:  1(800) 497-9133  
TDD: (800) 697-0353  

Website:  https://www.guidanceresources.com  
Company Web ID: CSUEAP  
(Please use this ID to create an account)
Commitment to Campus

COMMITMENT TO CAMPUS
What is C2C?

• Our university-wide commitment to recognizing the value of all our employees
• Department commitments to the university
• Discounts on goods/services
• A low or no-cost benefit
• Constantly evolving and growing
Three Components of C2C

1. Existing programs or services that benefit employees, and want to connect with the CSU community through C2C (no subsidy)

2. Programs that receive special subsidies from our strategic partnerships

3. Off campus vendors discounts
A Peek

- Free music, theater, dance tickets
- Athletic ticket discounts
- VTH services 20% discount
- Discounts on therapy services
- Career counseling discount
- Nutrition counseling/cooking classes
- Fitness and recreation
- Off Campus Vendors
- Airport parking discount
- Alternative transportation

- Summer camps and after school
- Heart disease prevention
- Diabetes prevention
- USA Today/Denver Post/NYT
- Grocery discount
- Professional development award
- Dependent tuition scholarship
- Employee Study privilege
- Advance care planning
- Bike repair/maintenance at The Spoke
**What:** Center for Family and Couple Therapy--HDFS
  - Individual, Couples or Family therapy sessions
  - Campus Corp (mentoring for youth)
  **Deal:** C2C pays 50% of cost of sessions (cost varies)

**What:** Summer Camps for Kids—HES
  **Deal:** C2C pays 15% of registration fees (cost varies)

**What:** Adult Fitness and Noon Hour Fitness Programs, HES
  **Deal:** C2C pays 50% of employee’s membership fee ($20/mo for Adult Fitness, $37.50 per semester for Noon Hour)

**What:** City of Fort Collins Recreation Facilities (e.g. Edora Pool/Ice, Northside Aztlan, Senior Center)
  **Deal:** Employees receive Corporate Rate (about 25% off) membership, 70% off some fitness classes
What: Dependent Tuition Scholarship  
**Deal:** 50% of resident tuition for regular, on-campus credits for spouses, domestic partners, and children of eligible employees under age 26 (some limits apply)

What: Safeway Grocery Discount  
**Deal:** 10% off your groceries on Fridays at Fort Collins Safeway locations with your CSU faculty/staff ID

What: Kendall Reagan Nutrition Center in the CSU Health & Medical Center  
**Deal:** C2C pays 40% of weight loss program, 40-100% of diabetes programs, and more

What: Bike Repair/Maintenance at The Spoke in Laurel Village  
**Deal:** Employees receive free bike maintenance and repairs if they participate and learn (parts not included) and discount packages for commuters
Nitty Gritty

**Where does the $$ come from?**
Funding for C2C comes from the University’s vendor rebate programs such as Coke, OfficeMax, and HP, and from Anthem’s contribution to improve employee wellness.

**Who develops the program?**
C2C Advisory Committee: Bob Schur, Chair

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<td>Employee Appreciation Board</td>
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All programs approved by: Lynn Johnson, VPUO
What Programs Interest You?

C2C.Colostate.edu

Want to know about new offerings when they happen?

C2C Listserv:
https://col.st/8xxw8

What ideas do you have for other programs, activities and services that we could include or invent for C2C?

Email: C2C@colostate.edu
Work, Live and Play

An Innovative Partnership in Addressing University Staff Housing Needs in the Fort Collins Community

Debbie Mayer
Housing Solutions Coordinator
(970) 491-3233
dmayer@n2n.org
www.ocl.colostate.edu
www.n2n.org
Our Mission/Goals

• Better address basic housing related needs.

• Work directly with university staff and faculty confidentially and one-on-one.

• Provide information, education and resources.

• Improve housing stability and economic health.
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Housing Search Assistance

Assistance to individuals and families striving to find a rental to call home.

• Personalized action plan which includes referrals to community resources and next steps to reach the ultimate goal of finding a rental
• Rental Resource Packet
• Current rental vacancy options
• Knowledge of tenant rights and responsibilities
• Personalized spending plan
• Information regarding the option of First Month’s Rent Assistance
First Month’s Rent Assistance

Financial assistance for those moving into more affordable, sustainable housing

- Financial assistance toward first month’s rent up to $500.
- Lease Review
- Landlord-Tenant education
- Income eligibility
Emergency Rent Assistance

Financial Assistance up to $350.00 for those who face being evicted or face the loss of their housing through unforeseen emergencies.

- Notice from landlord, including but not limited to a Demand for Compliance
- Verification of unforeseen circumstances
- Current lease agreement reviewed
- Income eligibility
Housing Information Session

- General lease questions
- Tackle other housing related questions
- Create course of action
Learning Opportunities

- Rent Smart Workshop

- Neighbor to Neighbor Homebuyer’s Club
  - Homebuying 101
  - Master Your Money
  - Taking Charge of Your Credit
Liaison to other Neighbor to Neighbor Programs

- HUD Certified Homebuyer Education Class
- HomeShare Program
- Reverse Mortgage Counseling
- Foreclosure Prevention Counseling
Thank you! Go Rams!